



The Cherrywood Neighborhood is bounded by IH-35, 38 ½ St, Airport Blvd and Manor Road and is a flourishing neighborhood of homes, businesses, and green spaces in Central Austin.

P.O. Box 4631 | Austin, TX 78765 | www.cherrywood.org
Contact | steering@cherrywood.org

Cherrywood Buddy System during COVID-19

Neighborhoods are the first level of community beyond our households. Cherrywood has a rich history of interacting with each other as a community for fun and enjoyment which has created a lot of positive social capital. Challenging times like these are the time to draw on some of that social capital.

The Center for Disease Control and Prevention (CDC) has identified older adults – those ages 60 and older – and people who have severe chronic medical conditions such as heart, lung, or kidney disease to be at higher risk for more serious COVID-19 illness.

The current guidance for preventing the spread of COVID-19 is strict social distancing and self-isolation. We fully support the public health guidance for all neighborhood residents, even as it evolves, but we also recognize this strategy may isolate some residents from people who are able and willing to help them through COVID-19.

You are receiving this letter from one of your neighbors who has volunteered to be a resource for you if you need assistance during the coming weeks.

Name _____

Phone _____

If you already have someone who you communicate with regularly and can be a resource for you, then please disregard this flyer.

Your volunteer buddy could just be available by phone in case of emergencies or for a friendly chat. Unless CDC health guidelines direct otherwise, your buddy could also help with getting groceries or picking up medications or running essential errands, or connecting you to resources such as listed on the other side of this page.

While your volunteer buddy is still expected to follow CDC guidance on social distancing, they can still be a resource for you. If you would like to make this connection, please contact the volunteer above today!



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COVID-19 Resources

U.S. Center for Disease Control: <https://www.cdc.gov/coronavirus>
Texas St. Health Services: <https://www.dshs.state.tx.us/coronavirus/>
City of Austin: <http://www.austintexas.gov/COVID19>



512-978-9015

People with no insurance and no established health provider experiencing coronavirus-like symptoms should call the number above. CommUnityCare will triage people over the phone and send them to the appropriate location.



www.AGEofCentralTX.org

512-451-4611

AGE is pulling together resources to be shared/utilized remotely, such as home activities. If you want this information, please share your e-mail address with them, or ask your buddy to share their email with them. AGE has a program called HELP (Health Equipment Lending Program) that provides free, no-time-limit loans of durable medical equipment (walkers, wheelchairs, shower chairs, etc) and distributions of incontinence products.



MEALS on WHEELS

<https://www.mealsonwheelscentraltexas.org/>

512-476-6325

MOW has updated their guidelines for meal delivery to protect their volunteers as well as the people they serve but they are still delivering hot, nutritious meals and safety checks to homebound clients.



www.senioraccesstx.org

512-310-1060

Senior Access works to ensure every senior in our communities has access to essential services. We provide support services (including free transportation when safe) that enhances independence and quality of life for all of our senior clients.

03/18/20